

## Where do you turn for help if you or a loved one have a Substance Use Disorder?



**1-800-247-8379**



**Centers of Excellence**  
**1-888-810-8595**

## Have you or a loved one ever experienced the following?

- A Strong desire for opioids;
- The inability to control or reduce use;
- Negative impact on family and relationships as a result of use;
- Development of tolerance and an increase in amount used;
- Withdrawal symptoms (mood swings, nausea, vomiting, muscle aches, diarrhea, fever, insomnia) that occur after stopped or reduced use;
- Overdose/Overdose reversed by Narcan.

If you answered yes to any of the following, there is help.

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